



# Chill Out

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## Hirsute today, gone tomorrow

Get beach-ready with *TOC's* guide to men's hair removal

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		PROS	CONS	TRY IT
Tweezing		Tweezing is relatively inexpensive, precise, and results last about two weeks because you're pulling hair from the root (rather than shaving off the top).	Pulling hair from the root hurts. A lot. Tweezing's precise because those suckers get yanked one by one—a pain-filled, time-intensive project.	An eyebrow-grooming session (\$30, ten minutes) with professional tweezer Rashida B. at the B Spot (1471 N Milwaukee Ave, 866-275-9166) will clean you up, define your arch and create lines for you to follow on your own.
Shaving		It's cheap, it's fast and a monkey could do it.	Skin only stays fuzz-free for about two days, and ingrown hairs and razor bumps can hurt.	The Gillette M3Power Nitro razor (\$11.99 at drugstores) has a built-in battery-powered motor that's said to provide a closer shave. If you must dabble in back-hair shaving, try the Razorba (pictured, \$29.95 at <a href="http://www.razorba.com">www.razorba.com</a> ) for unprecedented access.
Electric trimming		Small and portable, electric trimmers painlessly and conveniently remove hair for one to two weeks.	Whisker-free nose and ears? We see no downside.	The Turbo-Groomer 3.0 Traveler (pictured, \$29.95 at the Sharper Image, 55 W Monroe St, 312-263-4535) has 6,000 RPM-dual-rotary cutting heads and two built-in lights for efficient, easy elimination.
Waxing		You'll stay hair-free for about four weeks.	For starters, there's being doused in hot wax, patted down with cloth strips and having hair ripped from the root by an unforgiving aesthetician. Then there's also a risk of rash and allergy.	The Persian Cat (\$40) and Hairy Gorilla (\$80) chest and back waxes at Halo [For Men] (pictured, 3324 N Clark St, 773-348-6210) are quick, effective and as painless as possible.
Lasering		Laser hair removal permanently reduces the amount and coarseness of hair. Need we say more?	Permanency comes with a price. Expect to endure at least seven semipainful sessions per body part, each costing \$100 to \$400.	The total body package (\$6,000) at Lincoln Park Med Spa (2457 N Halsted St, 773-525-4690) zaps back, chest, shoulder, neck and face hair in seven to eight sessions (spaced four to six weeks apart). Individual eyebrow (\$400), neck (\$850), chest (\$1,850) and back (\$3,000) packages also available.